

DO YOU HAVE CORONAVIRUS SYMPTOMS? GET TESTED & ISOLATE

Walk through testing is now available in East Ham for anyone over 5 years old with Coronavirus symptoms and is unable to use drive through testing facilities.

How: To book, visit www.nhs.uk/ask-for-a-coronavirus-test or call **119** between **7am-11pm** (7 days a week)

If you need support with testing or isolating please contact
020 7473 9711 covidhelp@community-links.org (1-7pm, 7 days a week)

THE MAIN SYMPTOMS OF COVID-19

- A high temperature
- Or a new, continuous cough
- Or a loss or change in sense of taste or smell

If you have any of these symptoms, get yourself tested.

While you are waiting for your appointment or your test result, **you and everyone in your household must stay home** to prevent the spread of the infection.

Book a test: www.nhs.uk/ask-for-a-coronavirus-test
or **call 119**

When attending the test centre you must wear a face covering and not travel by public transport.

www.newham.gov.uk/coronavirus

